

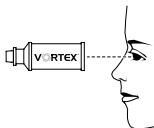


Tilmaamaha isticmaalka (isticmaalka guriga)



**Si taxadar leh u-akhri tilmaamtan oo dhan kahor
isticmaalka VORTEX®**

1



- ⌚ Kahor isticmaal kasta, ka eego VORTEX® waxyeelo oo hubi inayna wax cad ahi ku hadhin.

2



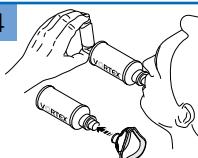
- ⌚ Ka fur furka buufimada / MDI (= cabbirkira inta la neefsanayo).
- ⌚ Si degdeg ah u rux buufimada. Eeg tilmaamaha la raacayo buufimadaada.

3



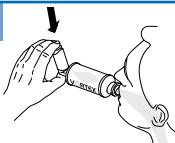
- ⌚ Gali qayb afka buufimada fargalka xidhiidhintaa ee VORTEX®.

4



- ⌚ Dhig qaybta afka ilkaha dhexdooda kuna xidh dabnahaaga. Sidaa si ka duwan, dhig VORTEX® oo leh weji-gashi wejiga. Qaybta afka iyo sanka waa inay daboolan yihiin.

5



Isticmaal VORTEX® oo leh qaybta afka

- ⌚ Ku bilaw daawada inaad soo jiido oo qaadato neef qoto dheer, oo deggan neefta isugu qabo si koobkooban.
- ⌚ Si deggan ugu neefso qaybta afka.

Hubi in halka kaliya ee soo jeedis lagu buufiyo VORTEX® wakhtigaas.

OGOW!

Carruuta kayar 18 billood waa inay neefsadaan 4-6 jeer, carruuta ka wayn 18 billood 2 ilaa 4 jeer waa inay neefsadaan. Haddii kale waxa suurolgah ah in **daawayn aan kaafi ahayn** la siyo karo. Dadka muddakarka ah, xittaa hal neefsi ayaa ku fulan ku neefsiga daawada VORTEX®.

6



Isticmaalka VORTEX® leh weji-gashiga

- ⌚ Hubi weji-gashigu inuu ku adag yahay wejiga.
- ⌚ Carruuta kayar 18 billood, ku qabo weji-gashiga si adag wejiga ilmaha 4-6 neefs, carruuta ka wayn 18 billoodna 2-4 neefs.
- ⌚ Dhallaanka ku neefsada weji-gashiga waxa lagu talinayaa inay bilaabaan buufinta inyar kahor galinta weji-gashiga wejiga ilmaha.

7



Haddii aad u baahato kabadan hal daawayn jiidis

Inyar sug, kadib ku celi tallaabooyinka 4 iyo 5 (ama 6) ee tilmaamaha.

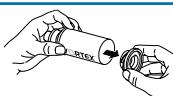


Nadiifinta

Hubi inaad nadiifiso VORTEX®

- ⌚ VORTEX® waa in la nadiifiyo gabi ahaan kahor isticmaalka koowaad.
- ⌚ Haddii wasakh uu muuqdo VORTEX® waa in si dhakhso loo nadiifiyo. VORTEX® waxa loo nadiifin karaa sida soo socota (eeg Tusmada 8-13)

8



- ⌚ Ka saar galka iyo weji-gashiga xidhiihintaa (haddii uu jiro). Ha ka saarin qaybta afka iyo furka dhawrista.

9



- ⌚ Gabi ahaan ku nadiifi dhammaan qaybaha biyo qasabadeed diiran iyo dareeraha weelka lagu maydho.

10



- ⌚ Ku biyo raaci dhammaan qaybaha biyo nadiif ah oo socda kadibna rux si aad uga saarto biyaha dheeraadka ah.

11

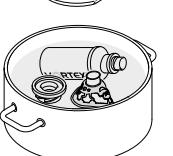


Jeermis dilista

⌚ Habka lagu taliyey

Ee uumi-bixiye ama jeermis dile.

12



⌚ Si kale, waa biyo fayo faxaya

Dhig qaybaha kala gaar gaarka ah ee VORTEX® iyo aksasariska (tus., weji-gashiga) biyo faxaya ugu yaraan 5 daqiqo. Isticmaal jalxad nadiif ah iyo biyaha la cabbi karo oo hubi inay biyo ku filan kujiraan jalxadda.

13



Qallajinta

- ⌚ VORTEX® iyo walxaha la socda waa in si fiican loo qallijiyo. Astaamaheega aan degganayn derteed waxa sidoo kale lagu qallajin karo tuwal nadiif ah.

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